LIFE Recovery

2017 UPDATE

SPRING/SUMMER-

Featuring June Towle's Art (Art Therapy Program)

He heals the broken-hearted, therefore if anyone is IN CHRIST, he is a New Creation, old things have passed away, behold all things have become new.

- 2 Corinthians 5:17





My name is Tracy Tanner and I am 46 years old. I am in Life Recovery second stage home where I have been for the past year. During this time I have had the support I have needed to push forward in my life to finish a few different programs such as the Me program & Triangle employment services. Now I am going to college full time. This program has taught me how to Let Go, Let God & How to be the Me that God intended me to be. Life Recovery is to me exactly what its name means. It's a program that teaches you new tools to live a sober & spiritual way of life.

















OUR MISSION is to provide a safe, structured & supportive Christian community for women who desire a lifestyle free from drug & alcohol addiction

OUR VISION is that all recovering women will live free from addiction through God's Grace

OUR CORE VALUES

Hope | Abstinence | Transformation Community | Integrity | Excellence

LIFE'S HIGHLIGHTS 🦊



10TH ANNUAL GALA FUNDRAISER:

Fridau. Februaru 3rd at the Quality Inn Presenting Sponsor: Frozen Mountain

- Record ticket sales of 172 seats!
- Despite a snow storm, \$53,417.58 was raised!
- Special mentions-Gold Sponsors: Artex, Canadian Western Bank, Nova Cabinets & The Mutual Firs Insurance Company of BC. GALA Committee: Sandy Ellis (décor excellence), Kevan Siggs, Marian Vanderwal, led by event coordinator extraordinaire, Patricia Driessen of Perfect Sense Events & event intern, Katie Morneau. Emcee: Adrera Angelucci of SPIRO Creative. Auctioneer: Marty Faber. Singer: Jada Klein. Photography: Lori Johnson. Dignitary: Honourable Darryl Pleccas, MLA. Guest speakers: Tracy & Selina.
- A heartfelt "Thank you" to all our generous sponsors & supporters!

AGM: March 27th at LIFE's Second Chance Thrift Store

- Sherrie Litster lead opening & closing songs
- Special Resolution passed in acceptance of the revised Bylaws as presented & posted.
- ED Report included sharing of an informative video on addiction: https://www.youtube.com/watch?v=ao8L-0nSYzg
- Both 1st & 2nd stage homes continue to boast amazing success: Gisele Davidson reported 2016 stats on 1st stage home: 61 clients; 48% graduated! New partnership with Seven Oaks Alliance (ARM program) is a real blessing to the clients; Jenny VanTol reported on the 2nd stage home: 11 clients. 73% remain clean & sober. The biggest challenge was an 8-month waitlist for clients to go into 2nd stage.
- Thrift store continues to have 80+ dedicated volunteers; 3 months of some \$2,000+/day in sales!
- New promotional videos Spiro Creative: Program-specific & Store Commercial. Check out our website www.liferecovery.ca & our Facebook links.
- Financials are in very good order, including the qualifying for property tax grants, as presented by Dan Vanderhorst. The Board approved the purchase of a 3rd home on Westerly Street (5 beds), to address the needs for a longer term, safe, drug-free affordable housing options. The vision is to maintain the house-mom model & weekly 1:1 counsellor support but at a slightly reduced amount of oversight than our current second stage.
- Goodbye & thank you's to retiring board members, Dan Vanderhorst & Tim Williams
- Election & welcome to Shelley Fast, our newest board member. She brings financial skills.
- Re-Zoning approval is still pending, as the 5 conditions by the City are almost completed

SUMMER STUDENTS

We have been blessed with a Federal Summer Student grant to support hiring 4 students

SAVE-THE-DATE

- Saturday, July 22 (1-4pm) CELEBRATION BBQ: Matsqui Village Park, 6074 Riverside Street, Abbotsford.
 - We want to be "in community" with all of you, so come help us celebrates the recovery successes with our Alumni & thank all our supporters, like yourself. This BBQ is for all Alumni and all Supporters. Mark the date!
- June/July, 2017 Edition of Christian Courier: Article of support by volunteer & avid writer, Gertie Pool (http://www.christiancourier.ca)
- Friday, September 22 (all day) 19th Annual Charity GOLF TOURNAMENT: (NEW Location) Chilliwack Golf & Country Club, 41894 Yale Road, Chilliwack. Deadline: September 12. Details next page.
- Friday, February 2, 2018 (evening) 11th Annual Fundraising GALA: Quality Inn., Abbotsford.

MESSAGE FROM THE BOARD CHAIR >

Purpose & Praise! It has been said that when you're doing what you were created to do, no one has to motivate you. We have the opportunity to experience that as our volunteers share their time & energy to support LIFE Second Chance Thrift Store. They are the wheels that make our programs work. We praise God for inspiring folks to join in this worthwhile adventure. We Praise Him for the opportunity to serve others. We praise Him for the fun & connections we have through our service. To Him all the Glory, Marian Vanderwal.





OUR HOMES: PROGRAM HIGHTLIGHTS >



FIRST STAGE RECOVERY HOME: FEATURED TESTIMONY BY JUNE TOWLE (Paraphrased for brevity)

My experience of Spiritual Awakening through the 11th step silent retreat was an empowering one. I could feel the gentle presence of God within me in the quiet moments. It was almost as if I could feel Him holding me as I allowed myself to let Him remove the fears & the hurts of my childhood, hurts I had brought with me well into my adult life. But that was the old me; she is gone now & dead to me. God has made a new creation & because He sent His son to die on the cross for my sins today, I am alive in Christ. I have been reborn. I have been given another chance to live the life God planned for me: to be the woman, daughter, mother, sister & friend. During my 24-hour silent retreat, I spent some time in quiet stillness just soaking up the peacefulness of God's presence. Some of this time was spent listening to praise & worship songs; that is when I cried the most. I felt the closest to Jesus when the song, "Here I am in Your Presence" was playing, my heart & soul sang & rejoiced as I wept, whispering the words of the song in complete surrender...

I am so grateful & I feel so blessed to be here, right here & now (at LIFE) because I could not have possibly experienced miracle anywhere else. I'm excited about moving forward in my recovery because I know I am ready for what is waiting for me, the plans God has for me in this next chapter of my journey. I will embrace the changes that need to happen so that nothing can stand in the way of what plans God has for me & the restoration of my family. But most importantly, I don't want anything to separate me from doing God's will. He has blessed me with amazing gifts & I pray every day that He will enable me to use my gifts to their fullest potential. I want to use these gifts as an act of worship to Him in hopes to draw others to want to know Him the way I do. I want to be whatever He is calling me to be, to use the rest of my time here on earth doing what is good & pleasing to Him. And I want to help others. I am a child of God now growing up reflecting on how He turns the mess (of my life) into a message of hope. He is the Father I never had & I will honour Him by making Him #1 in my heart & in my life.

SECOND STAGE RECOVERY HOME: CELEBRATIONS GALORE!

Second Stage: 6 clients take their 1 year cake within the last month: Selina H, Janis S, Malinda H, Tracy T, Tammara H Of these women, 1 is working full time; 2 going to full time college; 1 finished telecare training & is going to work crisis line & 1 moving out into a place where she will be getting her boys back full time by summer.



Shotgun Start: 1PM Texas Scramble Dinner: 6PM

Entry Deadline Sept 12, 2017 Limited Space available

PLEASE NOTE THE NEW VENUE!

submit to: P. Vander Meulen, 29198 Huntington Rd., Abbotsford BC V4X 1S7 or petravdmeulen@shaw.ca ph: 604.309.2317

HOW YOUR GIFTS CAN SUPPORT US 🖖

You can be a part of the ministry of LIFE Recovery — to help women turn their lives around.

GIFTS THAT IMPACT NOW: Donations - Monthly or One Time, Volunteer, Thrift Store - Shop or Donate, Leave A Legacy

To help women overcome addictions fill out the form below and submit it in one of the following ways: Mail us: PO Box 2652, Abbotsford BC V2T 6R4 OR Call us: 604-855-4440 OR Fax us: 604-855-6744

To donate online go to: www.canadahelps.org/en/charities/life-recovery-association

LIFE'S SECOND CHANCE THRIFT STORE

Come shop at or donate your gently used items to our thrift store. We are open Monday – Saturday 9:30 – 4:30 (closed Sunday's and statutory holidays)

#7 – 31550 South Fraser Way, Abbotsford.

Our truck will pick up donations of furniture and items from estates. Please contact Bill Vantol at 604-854-5928



LEAVE A LEGACY



A lasting way to support LIFE Recovery Association

is through a Legacy gift. Christian Stewardship Services (CSS) can help you set this up with a free, no obligation, and confidential visit to discuss your options. To find out how you can become a Legacy supporter go to www.csservices.ca, email: admin@csservices.ca or phone: 1-800-267-8890 for information or to request a visit.

Please contact me to discuss how I can support Life Recovery through planned gifts or my estate plan.

BEST WAY TO HELP US? PRF-AUTHORIZED MONTHLY DONATION

Click on our website: www.liferecovery.ca, see monthly donations. Print, complete, enclose a blank cheque with "VOID" written on it & mail to:

LIFE Recovery Association PO Box 2652, Abbotsford, BC. V2T 6R5

> **QUESTIONS?** Call 604.855.4440 or Email Admin@liferecovery.ca

VOLUNTEER NEEDS

If you would like to be a part of our amazing teamwe are always looking for new volunteers. Specifically:

- We are looking to train a few more Drivers for our delivery truck.
- On-call Handyman for any of our 3 facilities (all within 3km of the store)
- Small groups interested in short, mini projects like a bedroom makeover (painting, etc.)
- Professionals &/or Skilled Trades willing to donate some of their expertise
- Community volunteers to oversee mini-projects like a garden or crafting with our clients for an upcoming craft fair
- Join the thrift store team

ONE TIME DONATION	CREDIT CARD INF	ORMATION:	☐ Visa	☐ Mastercard
I would like to make a one time donation: \$				
☐ CREDIT CARD OR ☐ CHEQUE (Donations also accepted online or by phone)	Name on Card:		Card N	umber:
A receipt for income tax purposes will be mailed after the end of the year for donations of \$15 or more.	Expires:	Signature:		

STAY CONNECTED WITH US: Sign up to receive our newsletter at: www.liferecovery.ca/newsletter-sign-up











